

Why Patients Do Not Respond to Anti-Hypertensive Medications When their Systemic Pressure is High?

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ABSTRACT

Hypertension is a chronic persistent elevation of systemic arterial pressure. In this article, I am showing that patients with hypertension have energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine and the use of anti-hypertensive medications can harm even more this internal energy and can worsen the energy deficiency condition, causing non-improvement of hypertension.

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Hypertension is the most common medical conditions characterized as a chronic persistent elevation of systemic arterial pressure. Due to the importance of this condition, it was considered the most studied in this century and responsible for the development of strokes, myocardial infarction, renal and heart failure. The persistent elevation of systolic blood pressure more than 140 mmHg and diastolic blood pressure more than 90 mmHg should undergo treatment to target to 130/80 mmHg or less [1].

In this editorial article, I would like to show that hypertension is only the “tip of the iceberg” and it is considered the “leaf” level of the tree if we analyze through the tree metaphor, used in all my articles to show the different viewpoints between Western and traditional Chinese medicine, which exists for more than five thousand years [2,3].

I am using the reasoning used by traditional Chinese medicine in this article because according to Hippocrates (c. 460 bce - c. 375 bce), the father of medicine, “we need to use older ancient medical traditions prior to the knowledge we have nowadays” [4].

In the article written by myself (2019) titled *Energy Alterations as the Underlying Cause of Primary Hypertension*, I am showing that patients with essential hypertension have energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine and the treatment of this condition rebalancing and replenishing them using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, systemic acupuncture and replenishing the energy of these organs using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* is of paramount importance to treat the cause of hypertension formation and not just treating the symptoms [2-5].

The use of anti-hypertensive medications nowadays can reduce even more the internal energy deficient state and can worsen the hypertensive condition instead of treating it because according to Arndt-Schultz Law, created in 1888 by two German researchers, they say that the use of any kind of highly concentrated medications (considered “scientific”), is harming even more the internal energy, and this includes the anti-hypertensive medications [2,5,6].

I had a patient that went to my clinic saying that he was suffering from systemic hypertension and was not improving with the use of anti-hypertensive medications. I measured the energy of his internal five massive organs using radiesthesia procedure and what I found was that all his internal organs’ energy were in the lowest level of energy, rated one out of eight. The treatment of this condition doing auricular acupuncture with apex ear bloodletting and replenishing the internal organs’ energy using highly diluted medications according to the theory of *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* was possible to reduce the hypertension of this patient, improving the other symptoms that the patient was also suffering such as headaches [2-5].

The reason for this response to reduce the hypertension, was that the cause of hypertension in this patient was the lack of energy of the five internal massive organs of the five elements theory of the traditional Chinese medicine, and rebalancing the internal energy of *Yin, Yang, Qi, Blood*, taking out the Heat retention, and replenishing the energy of these organs using highly diluted medications according to the theory of the *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* was very important to treat the cause of disease formation and not just treating the symptoms, that is the hypertension itself [2-7].

For this reason, the treatment rebalancing and replenishing the internal organs energy is of paramount importance to treat the cause of essential hypertension condition and not just treating the symptoms, that is the hypertension oneself [2].

The use of anti-hypertensive medications alone would reduce even more the internal energy and worse the cause of hypertension instead of treating it according to Arndt-Schultz Law, created in 1888 by two German researchers. For this reason, the use of highly diluted medications such as homeopathy medications (combining or not with the recommended treatment by Western medicine), is the medications of choice to be use nowadays, as I am showing in the article written by myself (2021) titled *Why is Homeopathy the Medication of Choice in the Treatment of All Kinds of Diseases Nowadays?* [8,9].

As we are facing another phase of our planet were the energy of the five internal massive organs of quite whole people in this world were in the lowest level of energy, rated one out of eight, the treatment of this energy deficiency condition is of paramount importance to treat the cause of hypertension formation and the use of these five homeopathy medications (Phosphorus, Sulphur, Calcarea carbonica, Silicea, Natrum muriaticum) should be in the emergency room in all hospitals, to be used in any kind of hypertension independently on the age group because the cause of hypertension are in the energy level, usually invisible by the naked eyes [2,5,10,11].

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