

Stop Burnout in Radiology-Is Burn-Out Endangering the Future of Radiology? A letter to Editor

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Burnout is emotional exhaustion (EE), de-personalisation (DP), and a decreased sense of personal accomplishment (PA) due to chronic prolonged interpersonal job-related stressors, is prevalent to a great extent among medical residents. This has been concerned within the delivery of suboptimal patient care. It has high costs not only for the physician's mental and physical health, but can impact patient health, causing adverse care events and errors as well [1].

Radiology is rising within the burnout ranks, compared to alternative medical specialties. Radiology is now the seventh highest specialty for burnout in the 2018 Medscape National Physician Burnout and Depression Report, compared to being 20th highest in 2017 and 10th highest in 2016 [2].

Radiology residents and consultants in developing countries are working under severe difficult professional and social conditions, furthermore there is a profound impact on radiology practices owing to the emergence of COVID-19, which has led to economic recession as well as physical and mental exhaustion.

Burnout in radiologists is real and increasing in horrendous rate. If radiology practices continue to experience such a high level of burnout, it's time to work out wherever changes ought to be made. This might be addressed by re-examining employment and different operating conditions of residents still as going to their psychological wellbeing.

References

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