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Quality of Life after Amputations of the Lower Extremities

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ABSTRACT

Amputation is the loss of a part of the body, but it is also the end of pain and a New Beginning of Life.

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Diseases that Lead to Amputation

- Peripheral vascular disease
- Consequences of diabetes
- Complications of atherosclerosis
- Injuries, tumors



Complications

- Bleeding and/or hematoma formation
- Infections of the drumstick
- Flexion contracture
- Thromboembolism



Good Bataljak

- Bony part well covered by soft tissue
- Good pressure and painless
- Good motor skills and joint mobility



Rehabilitation Good Bataljak

- Bony part well covered by soft tissue
- Good pressure and painless
- Good motor skills and joint mobility
- Assessment by a physiatrist and cardiologist is important
- Energy consumption of walking with a prosthesis; 40% higher - lower leg amputation, 80% higher - lower leg amputation

Three Phases: Postoperative, pre-prosthetic, prosthetic - SCHOOL OF WALK



To Improve The Quality of Life after Amputation it is Important:

- Good general and psychological condition
- Good rehabilitation
- Social integration as early as possible
- Accepting one's own identity and creating a self-image
- Quality of family and social life

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