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“COVID-19 - POSTCOVID SYNDROME” Pandemic: How to Protect Doctors and Nurses in the “Red Zone” of the Hospital?

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ABSTRACT

WHO Director-General Tedros Adan Ghebreyesus announced on May 21, 2021, at the 74th World Health Assembly, that at least 115,000 health workers had died during the novel coronavirus pandemic. Analysis of literary sources showed that significant losses are borne by the doctors of the “Red Zones” of hospitals: doctors, nurses, as well as doctors, paramedics, ambulance drivers. The most likely cause of such losses is considered by health experts from different countries: an increased load on staff, which leads to early “Professional burnout” and “Emotional fatigue”, a higher probability of infection with the virus. This does not take into account other, probable causes, for example, distant interactions or the “Kaznacheev effect”.

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Introduction

The “COVID-19 - POSTCOVID SYNDROME” PANDEMIC has raised many health issues for all 205 countries affected by the pandemic to a greater or lesser extent. At the same time, it was found that vaccination of the population of different countries did not bring the expected results, as it was with vaccination against poliomyelitis, measles or smallpox viruses. The World Health Organization (WHO) has yet to give a full analysis of the pandemic, but some of the lessons learned by national health centers (**ministries**) are already clear. Particular attention should be paid to the analysis of the causes of death of medical personnel in the “Red Zone” of hospitals. To date, it has been established that a significant part of medical personnel in different countries are falling ill with the coronavirus COVID-19. At the same time, the most likely version is that medical personnel violated the anti-epidemic regime. However, there is another reason - this is the remote (remote) interaction of the aquasystems of the patient and health.

Namely, we are talking about the discovery of academician Kaznacheev VP, Mikhailov LP, Shurin SP the phenomenon of intercellular distant electromagnetic interactions in the system of two tissue cultures (Number and priority date: No. 122, February 15, 1966) The authors discovered a new way of transmitting biological information.

The essence of the discovery: in two vessels, a culture of normal living cells was grown. One culture was infected with the influenza virus. Almost simultaneously, cells in another vessel, which were only in optical contact with infected cells reproduced a similar pathological process. When quartz glass was replaced by ordinary

glass, the situation changed: cells infected with the virus died, and their neighbors normally divided and developed perfectly. The authors of the discovery believe that there are electromagnetic interactions between two tissue cultures in the optical range. They showed the conditions under which the mirror cytopathic effect develops, developed ways to increase the sensitivity of healthy cells to the perception of electromagnetic radiation of the affected cells. With the help of quant metric equipment, it was found that the process of cell damage, in particular, by viruses, is accompanied by the characteristic kinetics of its own electromagnetic radiation in the frequency range of the visible and ultraviolet regions of the spectrum.

The discovery discovered a new information channel in biological systems, helping to develop a new approach to assessing the role of quantum phenomena in the mechanisms of functioning of the genetic program of the cell and the processes of encoding information in specialized cellular systems, for example, neurons. The correctness of the authors’ experiments has been confirmed by many laboratories, including abroad. Confirmation was also carried out at our department, on the model of ultraviolet irradiation of people with the definition of the **chaos criterion (Kch)** and the **order criterion (Ko)** on the device of academician Dulnev GN “Eniotron” [1,2].

Let’s dwell on this study in more detail [2]. The purpose of the study was to study the effect of ultraviolet irradiation of a person and the study of this effect on the irradiated and on people who are at a certain distance from the irradiated. Previously, our group showed the effect of different types of breathing on the human body [3]. As a result of this work, we have obtained a number of new experimental data that suggest that the “final point of application” of various breathing practices may be the impact on the structure of water in the human body.

A fundamentally new aspect of these studies was the assessment of the dynamics of information entropy flows in the process of "Controlled breathing", which makes it possible to obtain the results of the experiment in the form of a formalized chaos criterion (**Kch**) or an order criterion (**Ko**). The most complete theory and practice of this new direction in the study of human physiological reactions under various influences: therapeutic (hirudotherapy, osteopathy, EHF therapy) or various types of art therapy (music, dance) is set forth in our book [1].

From the standpoint of thermodynamics of irreversible processes, the book examines the mass-energy-information (**MEI**) exchange of man with the environment.

In the work it is shown that the highly structured state of internal water is peculiar only to living animals and is distorted under the influence of stress, ultraviolet radiation, microwave - and strong electromagnetic radiation [4]. It is this circumstance - the impact on structured water in the body of living beings (aquasystem) and dictated the choice of the research model - **UVI**. In the title of our work, we used the term "Aquacommunication", first proposed by professor Slesarev V.I. in the work [5].

In our opinion, it quite correctly reflects the essence of the phenomenon that we discovered. The widespread use of phototherapy in human treatment is currently based only on empirical facts, and, in fact, there is no fundamental theory of the interaction of all kinds of fluids present in the human body with the incident and absorbed flux of light of the infrared, visible and ultraviolet ranges. It has been shown that it is not directly the biological substances of a living organism that absorb photons of light, but the molecules of free and bound water present in all biological cells, intracellular and extracellular space, blood and other fluids, that is, **the aquasystem** [6].

Spectroscopic and all other properties of water depend significantly on the binding energy of H₂O molecules with hydrophilic elements and substances found in biological tissues. The absorption of photons of light by such water molecules leads to their oscillatory excitation, and the spectral characteristics are highly dependent on the wavelength of radiation and are best for near ultraviolet and blue light in the wavelength range of 0.3 - 0.4 μm. Oscillatory excited water molecules create conditions for the course of oscillatory-non-equilibrium chemical reactions with an increase in their speed by many orders of magnitude compared to equilibrium conditions and the formation of large concentrations of hydrogen atoms, oscillatory-excited radicals **OH[•]** and atomic oxygen. Forming reactive oxygen species (**ROS**) and atomic hydrogen provide a favorable therapeutic effect of human treatment.

Research Methods

The following methods were used to objectify the research:

1. **Kirlian effect** (GDV analysis) using the GDV Camera device of professor Korotkov K.G. [7].
2. **Test Akabane** on the device "Reflexomaster" designed by Muzhikov V.G. [8, 9].
3. The study of the flows of information entropy was analyzed using the "**Eniotron**" device [1], which was graphically expressed in the definition of the chaos criterion (**Kch**) in the process of research. The sensors of the device were installed on the **Yuan** points of the left and right branches of the bladder canal (V64, p. JING-GU, foot area) in three subjects and the kidney canal (**R3**, p. TAI-SI, ankle joint area) in one of the subjects additionally [10], Figure 8. All three methods make it possible to study the state of the **human aquasystem** [11].

Irradiation of the lumbar spine was performed as a standard device for physiotherapy. An ultraviolet irradiator with two Cleo compact "Sun" lamps (OUF-320/400-03) was used, the distance from the training source to the back was 30 cm; the exposure time was 2.5 minutes for each subject. The radiation range is 280 - 400 nm, with a light source power of 300 VA.

The Results of research on the Device "Eniotron"

Measurements of the condition of the subjects by the "Eniotron" device during irradiation revealed significant effects. In addition to significant fluctuations in the value of **Kch** in the process of irradiation in the subject, significant fluctuations in **Kch** were synchronously revealed in two other subjects who were not currently irradiated. Each time one of the subjects was irradiated, a similar reaction occurred in the other two subjects. This effect was reproducible when all subjects were irradiated.

To eliminate the effect of UV exposure on other subjects in a special series of experiments, light-proof screens for ultraviolet radiation were installed between the subjects. However, the above-mentioned effect of synchronizing the change in the values of **Kch** in all subjects was reproduced each time. Ha figure 1- 4 the conditions of our experiments are shown. In Figure 5-8 are the graphic results of the experiment.

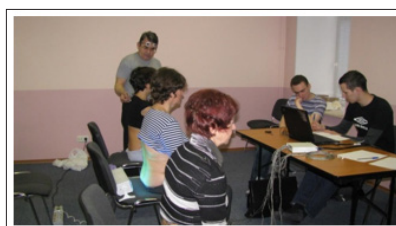


Figure 1: Experiment Without Protective Screens



Figure 2: Experiment with Protective Screens



Figure 3: Placement of sensors of the device

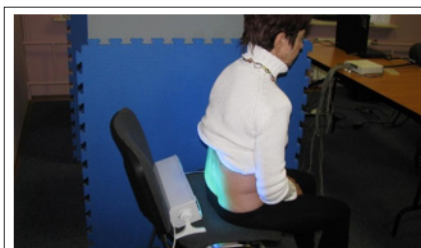


Figure 4: UVI of the back

During the experiment, the subjects conducted a breathing practice "Cardiospiration".

Table 1: Provides a typical protocol for this series of experiments

No	Exposure time (min)	Procedure	Name of the subject and numbering of the sensors of the device "Eniotron". Note: D - right branch of channel, S - left branch of the channel
1	5	Background recording, relaxation	All subjects are in a calm state, relaxed, breathing is relaxing.
2	10	Breathing through the heart	All subjects "breathe through the heart", see the work [2].
3	2,5	Irradiation of the back	Marina № 609 - D (V 64); № 617 - S (V 64).
4	2,5	Irradiation of the back	Irina № 622 - D (V 64); № 623 - S (V 64).
5	2,5	Irradiation of the back	Svetlana № 622 - D (V 64); № 623 - S (V 64); № 631 - D (R 3); № 623 - S (R 3);
6	10	Background recording, relaxation	All subjects are in a calm state, relaxed, breathing is relaxing.

In Figure 5 (tested by **Marina**) showed that the maximum perturbation of the magnitude is observed with direct irradiation of the skin of the back (time stamp on the graph: 15.4 - 17.9). This is followed by irradiation of the skin of **Irina's** back (the time stamp on the graph is 17.9 – 20.4) but the sensors of the left and right branches of the Marina bladder canal register this signal. Finally, the skin of **Svetlana's** back is irradiated (time stamp 20.7 - 23.2) follows and again the sensors of the left and right branches of the **Marina** bladder canal register this signal.

It should be noted that there is a high level of synchronization of the magnitude of the **Kch** signals along the right (D) and left (S) branches of the bladder canals on all the graphs presented in the present study. Analysis of the "perturbation" of the values of the **Kch** of both branches of the bladder canal during irradiation of **Marina's** back showed the following pattern. During the irradiation of the back, the maximum value of the "perturbation" of the **Kch** was revealed by direct irradiation of **Marina's** back. During the irradiation of Irina and backs on the graph of the experimental recording of changes in **Marina's Kch**, we also see the responses to these irradiations - **Marina's Kch** values during these periods were significant, 3 times (when Irina's irradiation) and 5 times (when Svetlana was irradiated) differed from the **Kch** value when recording the background curve.

If the nature of these curves had the form of "attenuation", then the "perturbations" of the **Kch** magnitude when **Marina's** back is irradiated would also have the form of "fading curves", but it can be seen from the graph that this is not the case.

Thus, Marina was less responsive to **Irina's** exposure and more responsive to **Svetlana's** exposure.

Graphic results of an experiment to study the effect of ultraviolet radiation on **Marina's** body.

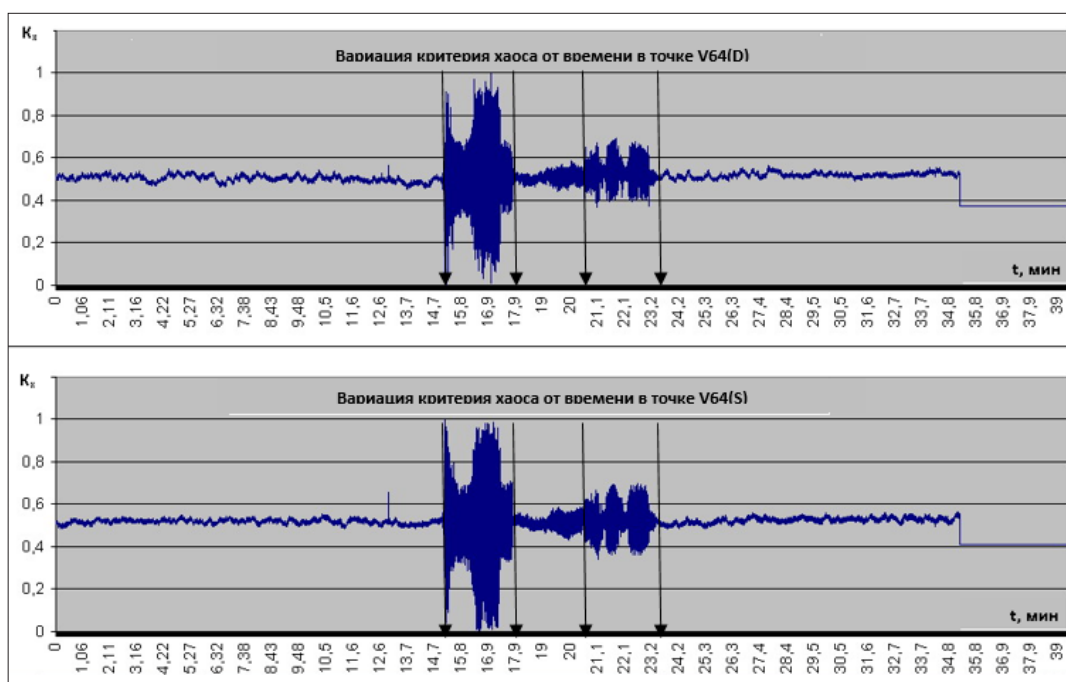


Figure 5: Variation of the chaos criterion (Kch) from time at the points V64 (D), V64 (S) of Marina

Graphic results of an experiment to study the effect of ultraviolet radiation on **Irina's** body.

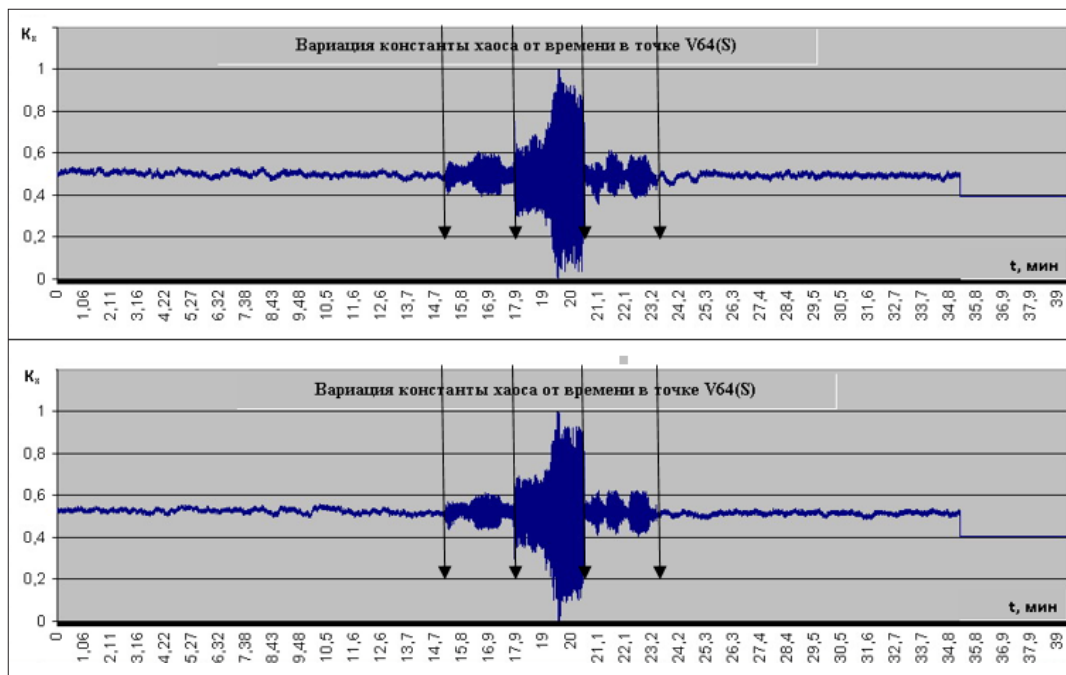


Figure 6: Variation of the chaos criterion (Kch) from time at the points V64 (D), V64 (S) of Irina

Consider the graphs of the effect of ultraviolet radiation on **Irina's** body, Figure 6. We see a clear trace on **Irina's** graph at the time of **Marina's** irradiation, (time stamps on the graph: 15.4 -17.9) followed by direct irradiation of **Irina's** back and we observe the maximum perturbation of the Kch values on the graph (time stamps on the graph: 17.9 -20.4) and we also see a trace on **Irina's** graph when irradiating **Svetlana's** back (time points: 20.4 -23.2) and then the Kch values demonstrate a return to the initial state.

Graphic results of an experiment to study the effect of ultraviolet radiation on **Svetlana's** body.

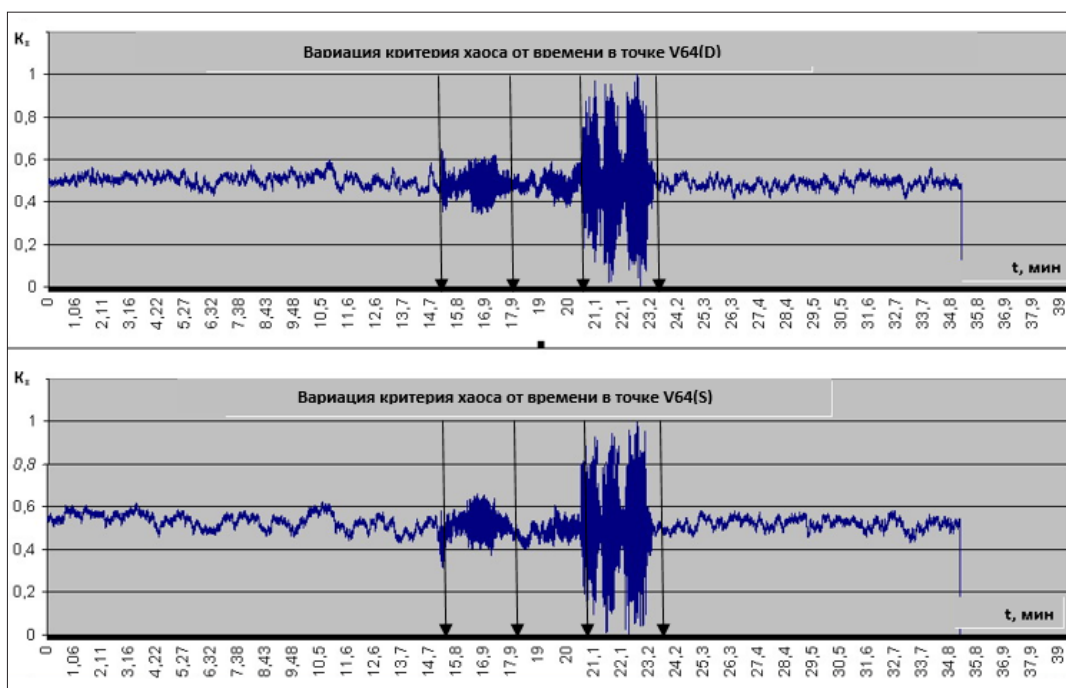


Figure 7: Variation of the chaos criterion (Kch) from time at points V64 (D), V64 (S) of Svetlana



Figure 8: Variation of the chaos criterion (Kch) from time at point R3(S) of Svetlana

This is followed by irradiation of Svetlana’s back. She reacts more to the irradiation of Marina’s back, to a lesser extent to irradiation of Irina’s back and reacts as much as possible to irradiation of her back and then the chaos criterion curve (Kch) reaches its initial level.

In Traditional Chinese medicine (TCM), the channels of the bladder (V) and the channels of the kidneys (R) are related and conjugated to each other through the points of the LO (translated from Chinese “LO” - “branch”). According to the ideas of ancient physicians, through the points of LO, the energy “CHI» passes from one channel to another. It should be noted that Svetlana’s kidney canal reacted to the irradiation of Svetlana’s own back, as well as to the irradiation of Marina and Irina’s back.

In this experiment, we see that information in the form of UVR is perceived by the bladder channel (V) (it is located on the surface of the back and is transmitted to the kidney channel (R), which passes along the front surface of the body. Moreover, information is transmitted through channel V to the R channel in the same way when the back of Marina and Irina is irradiated.

To exclude such an artifact as the illumination of the UVR of the back of Irina and Svetlana, in the conduct of subsequent experiments, we used screens that are impermeable to ultraviolet radiation. However, in this series of experiments we got almost the same results, although instead of Marina, Natalia participated in this experiment. The third experiment gave almost the same results as the previous two, thus, a high reproducibility of the results was recorded [10].

GDV Analysis Data

Changes in the integral area of the gas-discharge glow (JS) before and after UVR were investigated, Table 2

No	Probationer	Parameters to be analyzed					Increase in glow area, in %
		Left JSS	Left SD	Right JSD	Right SD	JS	
1	Svetlana Before/After UVR	-0,07	0,30	-0,22	0,36	16 006	33,1
		0,03	0,15	0,08	0,15	21 311	
2	Irina Before/After UVR	-0,27	0,21	-0,44	0,19	15 673	22,0
		-0,18	0,21	-0,02	0,19	19 117	
3	Natalia Before/After UVR	-0,72	0,74	-0,55	0,55	9 252	12,9
		-0,41	0,69	-0,47	0,44	10 783	

JSS - indicator of the integral area on the left; JSD - indicator of the integral area on the right; SD - standard deviation. JS - integral area of the glow.

From the results of Table 2, it follows that in all subjects there was an increase in the glow area after ultraviolet radiation, but the increase in the glow area in all subjects differed. This suggests that the nature or degree of structuring of water in the epithelial cells of the fingers in the subjects is different (the difference in the state of the aquasystems in these subjects). We discuss these parameters in detail in our recently published paper [11].

It can be assumed that it is different in the channels (meridians) of the subjects. So, Svetlana is the most experienced specialist of all subjects in the field of breathing practices and, as follows from our previous work, was the leading for the rest of the subjects in experiments on various types of breathing practices. In a special series of experiments using the Kirlian effect (GDV analysis), we investigated the response of the mother’s aquasystem to the effects of a medical leech on the child’s aquasystem, immediately after the completion of the hirudotherapy session and after 30 minutes.

The Results Were Striking: regardless of where the child was in the process of treatment with leeches, next to the mother or at a distance of 12 kilometers from her, the device showed significant changes in the mother's aquatic system, in exact accordance with the time parameters of the measurement (immediately, after the end of the session and after 30 minutes) [12].

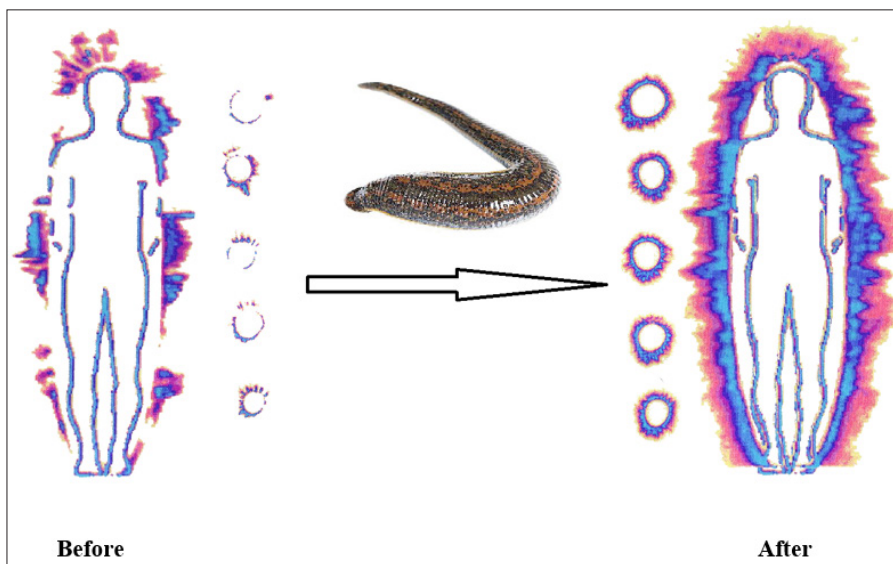


Figure 9: The glow of the fingers (the result of the analysis) and the contours of the human body (computer program) before and after the effects of leeches on the human aquasystem. Superergic type of reaction to leech therapy (Increase in glow area >12%).

Table 3: Akabane test data before and after Svetlana's UVR

Full name	Svetlana					
Calibration of the device		3-4			3-5	
Date of the study	13.03.2010	Before radiation			After radiation	
It's time		20:40			21:48	
Activity Hours		D	S	D/S	D	S
3-5	P	3	3		4	2
5-7	GI	3	3		6	8
19-21	MC	3	2		4	4
21-23	TR	4	3		5	2
11-13	C	3	3		6	5
13-15	JG	4	4		5	4
9-11	RP	4	4		6	7
1-3	F	4	4		7	6
7-9	E	4	4		5	5
23-1	VB	7	6		7	9
17-19	R	5	6		12	8
15-17	V	4	5		13	9

Note: D and S are the right and left channels respectively;

■ - The channels in which violations were detected are highlighted ($D/S \geq 2.00$ or $S/D \geq 2.00$)

Abbreviated channel names: **P** – lungs, **RP** - spleen-pancreas, **GI** - large intestine, **F** – liver, **MC** – pericardium, **E** – stomach, **Tr** - three heaters, **VB** - gallbladder, **C** – heart, **R** – kidneys, **IG** - small intestine, **V** – bladder.

These differences in the increase in the area of luminescence before and after UVR in the subjects were confirmed in another experiment and amounted to: for **Svetlana** - 28.2%, for **Marina** - 4.7%, for **Irina** - 2.5%. It should be noted that in this experiment the maximum increase in luminescence was noted in Svetlana. For **Marina** and **Irina**, it was much lower. And this suggests that the dynamism of **Svetlana's** aquasystem is significantly higher than that of **Marina** and **Irina**.

Test Akabane

The Akabane test is widely used in the analysis of the state of the canals (meridians) in the practice of acupuncture. This allows you to objectify the effectiveness of treatment not only when using acupuncture, but also other methods where methods of influencing the system of channels or meridians are used.

Table 4: Akabane test data before and after Irina's UVR

Full name	Irene						
Calibration of the device		3-4			3-5		
Date of the study	13.03.2010	Before radiation			After radiation		
It's time		20:40			21:48		
Activity Hours		D	S	D/S	D	S	
3-5	P	3	2		4	4	
5-7	GI	5	3		4	2	
19-21	MC	4	5		4	3	
21-23	TR	4	3		4	3	
11-13	C	3	3		4	3	
13-15	JG	2	1		4	3	
9-11	RP	2	4		6	6	
1-3	F	3	4		8	4	
7-9	E	3	3		6	6	
23-1	VB	7	10		9	8	
17-19	R	14	31		23	20	
15-17	V	37	12		15	21	

Table 5: Akabane test data before and after Marina's UVR

Full name	Marina						
Calibration of the device		3-4			3-3		
Date of the study	13.03.2010	Before radiation			After radiation		
It's time		20:40			21:48		
Activity Hours		D	S	/	D	S	
3-5	P	5	3		3	4	
5-7	GI	3	3		4	3	
19-21	MC	3	2		5	2	
21-23	TR	3	3		4	3	
11-13	C	3	3		3	3	
13-15	JG	3	2		4	2	
9-11	RP	3	4		6	3	
1-3	F	2	5		4	4	
7-9	E	5	4		4	3	
23-1	VB	7	4		6	4	
17-19	R	7	2		11	4	
15-17ч	V	8	>50		37	7	

The results of the Akabane test are shown in Tables 3-5. As follows from the results of the Akabane test, in all subjects we observe changes in the bladder channel and the kidney canal after exposure to ultraviolet radiation.

In Tables 3-5, channels in which an imbalance is noted (the ratio of D / S or S / D ≥ 2) are marked with a dark background. In these channels, we observe significant changes after exposure to UVR.

The results of all the experiments obtained by us indicate a pronounced effect of irradiation of the back area on the state of the channels. This increases the reliability of our studies on the "Eniotron" instrument, since changes in test values (**Kch**) and (**Ko**) in the ultraviolet region of the back of the subjects change both during GDV analysis and during analysis in the Akabane test.

Discussion of the Results

Experiments of Academician V.P. Kaznacheev and co-authors at

the International Research Institute of Space Anthropoecology (IRISA) in Novosibirsk, since 1994, on the basis of more than 20,000 experiments, made it possible to establish a reliable fact of the remote interconnection of cell cultures in the optical range. Thus, cell cultures, when exposed to an experimental factor (viruses, toxins, radiation, etc.), acquire the ability to spread destructive information (pathological process) to healthy cellular structures. Upon contact of two cell cultures through optical media (quartz glasses, mica and others [13,14].

Hence, the implementation of action information is remembered through structural information (genetic, molecular-structural destruction of the cell) and a new factor of its distribution in space is formed. The experiments presented in the article show the remote interactions of **aquasystems** of different people on each other. For the first time, it has been shown that the effect of ultraviolet radiation on the back can change the state of the channels of the bladder and the canals of the kidneys, i.e. on the state of the human aquasystem. Moreover, irradiation comes from the back, where the right and left "branches of the canal" of the bladder pass, but the kidney canal located on the front surface of the body also reacts.

It should be emphasized that the use of UV in combination with the presented techniques can be a tool in the study of issues related to the transmission of information in living organisms. The most likely cause of the remote effect, in our opinion, may be a change in the cluster structure of water under the action of ultraviolet radiation, which follows from the work [4]. This allows us to assume that the sensors of the "Eniotron" device are able to respond to changes in the cluster structure of water, i.e. measure the state of water in the body under various effects on it.

Remote interactions in living systems are not our discovery, they are shown by the Russian scientist Gurvich A.G, Garyaev P.P, the Russian scientist of Chinese origin Jiang Kangzhen and his followers Komrakov EV and Prokhorov Yu L [15-19].

It is not difficult to imagine a doctor or nurse who for 10-12 hours is in close contact with patients in the "Red Zone", performing medical procedures: they operate on sick patients, if necessary, measure blood pressure, make injections, droppers, and other procedures. At the same time, the aquasystem of a sick person affects the aquasystem of a healthy person, which reproduces the "Image of the disease", in this case "COVID-19". Today, there is and is developing a whole scientific direction: the possibility of transmitting radio signals from one aqueous medium to another. Today, obtaining information copies of medicines is a matter of information [20]. The technology harnesses the ability of chemicals and biological substances to produce ultra-light radiation that can be transmitted over long distances over communication lines, including the Internet.

According to professor Slesarev V.I., the author of the theory of "Aqua communication", it is not substances that emit substances, but their aqua models! [5].

Due to the vortex movement, the aquatic systems of the living actively exhibit restorative properties and are a source of aqua energy necessary for life. Due to thermodynamic disequilibrium, openness, nonlinearity and self-oscillatory properties, water is a source of very weak acoustic and electromagnetic water emissions in a wide frequency range from fractions of Hz to 10^{17} Hz, which

are recorded as emissions from the end of the twentieth century. Since water is a source of radiation and is sensitive to external radiation, water is an aqua radio system [21]. Such radiation from aqua models of chemical and biological substances is perceived by water, which is able to reproduce the same pharmacological effects as the chemical sample. This is the story of the new pharmaceutical reality, when **Infocemics** in the absence of any chemicals show a certain biological activity. In support of this direction, we see such outstanding names as immunologist Jacques Bonveniste, virologist, Nobel laureate Luc Montagnier and other scientists.

Our already published work analyzes in detail the mechanism of interaction between the aqua systems of a healthy and sick person, and if we do not apply this knowledge in practice, we will continue to lose medical workers in the "Red Zone" [22]. And this is obvious, since the mechanism of this phenomenon has been proven by many studies, including ours. From this point of view, the protection of health workers requires a different design of protective clothing for doctors, i.e., protection from acoustic-electromagnetic radiation of the aquatic system of a person with coronavirus "COVID-19". In our recent publications, attention was drawn to the discovery of the wave effects of leeches in the kilohertz range and the microwave SHF/EHF range [23,24]. This allows us to consider another possible aspect of the therapeutic and preventive effect of the systemic method of leeching (SML). The wave emissions of leeches significantly exceed the radiation of influenza and herpes serotype 2 viruses (from the literature 800 and 440 Hz, respectively). We do not yet know the frequency of radiation from the "COVID-19" coronavirus, but we assume that it is lower substantially than that of a medical leech.

And this is the basis of our assumption about the preventive role of the SML in health workers in contact with those infected with the "COVID-19" virus. Moreover, this has been proven in practice by our students who own the systemic method of leeching (SML) [25-27]. With this knowledge, we can still save many of our colleagues.

Our Results Allow us to Formulate the Following Conclusions

1. The "Eniotron" device, the Kirlianography test, the Akabane test, can be used to study the transmission of information through channels (or meridians) caused by ultraviolet radiation – Krashenyuk – Dulnev's effect.
2. The fact of transmitting remotely information of acoustic-electromagnetic nature from person to person, by emitting one aquasystem, to the aquasystems of other people, is noted.
3. The "Eniotron device", the Kirlianography test, the Akabane test, can be used to study the change in the cluster structure of the human aquasystem under the influence of various factors.
4. The mechanism of information transmission from the "Sick Aquatic System" of a person, the aquasystem of a healthy person with the appearance of the "Image of the disease "COVID-19" in a healthy person has been experimentally substantiated.
5. Various options for protecting the health of medical workers of the "Red Zone" from the disease "COVID-19 - POSTCOVID SYNDROME" are proposed: the protective clothing of medical workers should have a protective shield against acoustic-electromagnetic radiation of the aquatic system of a sick person, or a protective anti-radar against such radiation, or practice hirudotherapy after leaving the "Red Zone" on vacation.

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