

Case Report

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Infertility Has Been Cured By Acupuncture with Natural Pregnancy

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Received: October 08, 2020; **Accepted:** October 19, 2020; **Published:** October 22, 2020

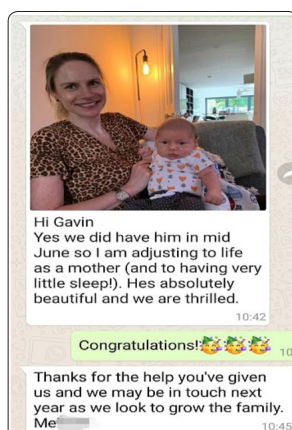
Material Case One

Mrs M S, date of birth: 4th March 1980, who is an accountant. She was diagnosed as Primary infertility, Perimenopause, Hypothyroidism, Left fallopian tube obstruction.

Her Anti-Mullerian Hormone was 2.4pmol/L in May 2017 which it showed insufficient ovarian reserve. She had a total of three IVF treatments failed in November 2017, January 2018, and May 2018. She was taking Levothyroxine 75mcg. Her menstrual cycle is irregular, ranging from 26 days to 43 days, the average period is 40 days, and the menstrual period is 6 to 7 days. She had moderate menstrual volume, a few blood clots, breast tenderness and abdominal distension in the premenstrual period. She wake up easily; feel anxiety and depression; poor memory; fatigue; constipation, defecation every 1 to 3 days; cold limbs. Tongue examination: pale red tongue, thin white coating. Pulse examination: Two feet are too deep to feel. Diagnosis of TCM Syndrome: Yin and Yang deficiency.

From June 20th to October 3rd, about 3 and a half months, a total of 10 acupuncture treatments. Her menstrual cycle gradually became regular, from an average of 40 days to 32 days, 26 days, and 29 days. Her physical and mental state was getting better and better, and she had a natural pregnancy in October.

On 8th October 2018, she sent a message to confirm the natural pregnancy. On 12th October 2018, during her last follow-up visit, she said that she and her husband were very pleasantly surprised and thanked me for helping her avoid the pain of IVF treatment. She had her first baby in mid June 2019. In February 2020, she come back to me as she would like to grow her family.

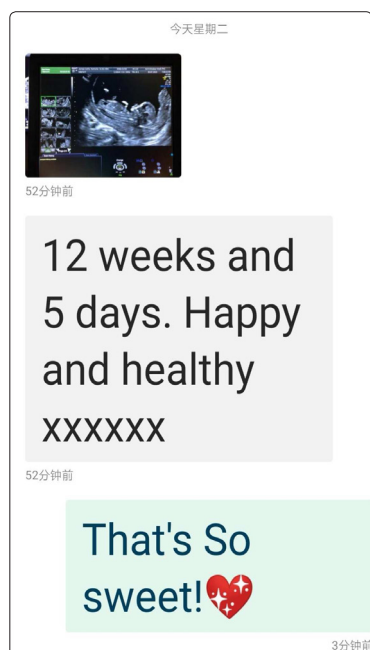


Case Two

Mrs N J, date of birth: 16th June 1984, who working as marketing. She was diagnosed as Polycystic Ovary Syndrome. The ultrasound scan in December 2017 confirmed it. Her period is irregular, ranging from 28 days to 48 days, and the menstrual period is 4 to 5 days. Tongue examination: dull red tongue, thin white coating. Pulse examination: the pulse force in the middle of the right hand is too strong, two feet are too deep to feel.

From November 2018 to June 2019, after 7 months of treatment, a total of 16 sessions of acupuncture, she became pregnant naturally. She sent me the photo of pregnancy test 16th June 2019. Then she sent me the photo of ultrasound scan to show her baby is 12 weeks and 5 days.





Treatment

- Scalp acupuncture on spirit emotion area and reproductive area.
- Du20(Baihui),GV29(Yintang),RN15(Jiuwei),RN12(Zhong wan),RN4(Guanyuan),ST25(Tianshu), ST36(Zusanli).
- Dong's extraordinary Points (Fuke) & (HuanChao).
- Spirit acupuncture Couple points: LU7 (Lieque) & BL62 (Shenmai); SJ4 (Yangchi) & PC6 (Neiguan); KI3 (Taixi) & BL58 (FeiYang).

Explanation and Discussion

I tend to combine acupuncture and Chinese medicine at the beginning of treatment. However, both women were unwilling to take Chinese medicine and they prefer to take acupuncture only. Scalp acupuncture is very helpful to improve the mental state of patients. Fuke and HuanChao are particularly effective acupoints for treating infertility with Dong's extraordinary Points.

<<The Medical Classic of the Yellow Emperor>> "Whenever acupuncture is to be used, the pulse must be diagnosed first, and the treatment can be started by figuring out the excessive and insufficient Qi of the different meridians." The selection of acupuncture Couple points in Spirit Acupuncture depends on the patient's pulse. Therefore, the patient's pulse must be carefully checked before choosing the right acupoint, so as to understand which meridians of the patient have too much negative energy and which meridians have too little positive energy.

Conclusion

The combined application of multiple acupuncture techniques is the key to the success of infertility. The fact has shown that acupuncture alone, without the use of drugs, can also cure difficult infertility.

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